



Heartbeat Headlines

Your Local Pro-Life Ministry
Serving Perry & Juniata Counties
Since 1985



From the Director's Desk

We hope you are settling into a wonderful fall and enjoying all the festivities that come with it. Although as I am writing this article for the newsletter, it still very much feels like summer.

Every 30 seconds in America a preborn baby loses his or her life. So, we must still be pressing forward with this battle to save God's prized possessions. Each one of us are fearfully and wonderfully knit together by our Creator. So I thank God for every one of you who have joined this ministry to press on toward saving lives and support life.

This is the newsletter that usually contains the reservation for our Heartbeat Banquet. The Board of Directors has decided not to hold a banquet this year. We are looking for creative activities that might be of more interest to you. Please contact our office if you have ideas you would like to share with us. We welcome your feedback. You can call our office, email us, or let a message on Facebook.

We have a little one who will be born any day now. So by the time you receive this newsletter, we will have a client who has delivered a new addition to our Heartbeat family. Praise God! We have been able to support the family with many items because of your generosity. Many expressions of gratitude have been expressed to us as we meet their needs. I cannot thank you enough for uplifting Heartbeat with your prayers and giving whatever you can financially. Please be assured you are making a difference in our clients lives.

A huge "thank you" to all the churches that participated in our Baby Bottle Project. In fact, they are still being returned to our office and we appreciate all your giving to this Project. I love to hear the stories of the wee ones excited to fill a bottle to the very top.

We also had an awesome sharing time at the Perry County Fair this year. So many people stopped by to share their stories with us. Truly, we were standing on holy ground as we heard of their journeys of adoption, decisions to keep their babies after a medical test revealed abnormal growth size, but guess what? That baby is today over 6ft tall and over 250 pounds and healthy! In listening to you share your stories, we learned so much from you. One young mother said so many of her friends in college were having abortions and everyone of them regretted it now. They believed the lies and propaganda being espoused from the abortion industry.

Of course it is always exciting when a previous client stops by to say "thank you" when I needed you most. One said, "I was at Heartbeat 19 years ago." God is faithful. He birthed this ministry and we will continue faithfully with your prayerful and financial support.

Continued on page 4...

INSIDE THIS ISSUE:

The Director's Desk 1

What if the Creator of the Universe...

Slang-Definitions 2

By Tammy McCoy

Slang-Definitions 3

Delivered As Promised!

The Director's Desk 4

Continued...

March For Life 4

Thank You 5

Donors

Harshbarger's

Thanks for your support!

Items 6

Needed

When so many people say "thank you" for promoting life, I have the opportunity to tell them that I am committed to being pro-life until God takes my last breath. We are created in His image and we are all fearfully and wonderfully made.

We had a client today that had been homeless for one year. Actually, her and her entire family. Yes, we were able to meet her needs because of your donations. Please know there is nothing to small. I feel, especially in this past year, that God is opening our eyes to the needs of several homeless families. Their needs are not what we were used to considering normal. They especially need the basics, like dish detergent, laundry detergent, towels and wash clothes, paper supplies. Things we take for granted everyday. So again, thank you for all of your support.

So many God moments to share! Just today we talked to a Pastor who gave us a referral and guidance to help a homeless man. God has called a man who was once homeless and even spent some jail time into a ministry for those who have experienced a detour in life and have fallen on hard times. Also, a client needed help with finding food for her family and we were given another referral and guidance for help. Oh so many times today we found ourselves saying, "You are an answer to prayer" or "This is a God moment." Praise God! Paul mentions in his first letter to the Corinthians, "I planted, Apollo watered, but God was causing the growth." Sometimes we overlook the importance of planting. We immediately wish to see fruit, but we will never see fruit unless we plant, plant...and plant again.

In our ministry, we do this in various ways. Sometimes it is through a kind word at the receptionist's desk, or a word of encouragement in a private room. It might be through a moment of prayer or when we say, "You can do this. I believe in you, and God believes in you, too."

If we plant enough, there will be fruit. And this fruit can be a Crown of Our Exultation we may not see in the here and now. We water more than we realize. Remember that encouraging word? Sometimes it is a seed, sometimes it is water to the soul. When the abused or the hurting seek our help, the one need is water, which provides growth to a seed which is languishing in the drought.

So we press forward with a hope and a joy. We serve. We keep reaching out. And we believe somehow, what we do makes a difference. So we are committed to this fight for life till our dying breath. I firmly believe all the labor, all the sacrifice, all the prayers will come to fruition in God's appointed time. So lets not grow weary we have a crown to win.

Hope to see many of you at Harshbarger's on October 13th.

Pennsylvania MARCHforLIFE

SEPTEMBER 21, 2026 | HARRISBURG, PENNSYLVANIA

RALLY SPEAKERS



Dr. Monique Roberts
OB-GYN, Board Member of
All Life for Life



Senator Rick Santorum
Former U.S. Senator for the
State of Pennsylvania



Brooks
Pennsylvania Pregnancy
Lifeline Coordinator (PPLW)



Rep. Barbara Olefin
Representative House of
Representatives - 10th District



Rep. Jason Tappert
Representative House of
Representatives - 11th District



Sen. Dawn Koster
Representative House of
Representatives - District 2



Michael Geer
President, Pennsylvania
Family Institute



Pete Demale
Dr. Founder, Alliance
Life & Liberty



Pastor Matt Mylin
Pastor, Trinity Church



**The Most Reverend
Malou Perez**
Archbishop of Philadelphia



A Wonderful Donation From: Church of the Open Door

The Church is described as a small church with a huge heart for generosity. Last year, they also presented us with a large donation. The original idea for donating to Heartbeat came from Shirley and Evie Symmerman (the two you see in the picture to the left). Shirley mentioned that she



saw the idea on Pinterest and ran with the idea. That says a lot about these two girls. Their compassion and the Church's generosity are overwhelming. Many mothers will definitely reap the rewards from their willingness to give. Thank you from the bottom of our hearts here at Heartbeat.

Slang Dictionary -By- Tammy McCoy

As promised, I am continuing to add more pages to the Slang Dictionary and Emoji Definitions. I have found them useful when trying to understand today's youth. It will soon be time to go into the schools and continue the Abstinence education program. Hopefully, this year will be as successful as last year.

Prayers are always appreciated! Pray that the schools will continue to allow me to come in, because this is never guaranteed. Pray that the students will have open minds and hearts to hear the message. Also, pray for me to have patience with any behavior issues (I need that).

Good to Know

🎯 **(Bullseye)** = Used to say that something is accurate.

🤡 **(Clown)** = Describing someone being foolish.

📈📉 **(Chart Increasing & Chart Decreasing)** = Things going well, or poorly (depending on direction of chart).

👁️👁️ **(Eyes)** = Many different meanings, mostly used to display suspicion. Can also be used as a way to inquire for more information (ex: "I heard you and Alex got in a fight 👁️👁️").

👁️👄👁️ **(Eyes & Lips)** = A display of shock, recreating a deadpan face.

🔥 **(Fire)** = Used to say that something is "fire" (meaning good, or cool).

🙏 **(Folded Hands)** = Used to say thank you.

🤝❤️ **(Heart Hands)** = Used in place of the traditional ❤️ emoji.

💯 **(Hundred Points)** = Used to signal agreement with something.

🦯 **(Man With White Cane)** = Choosing to make a decision, even if someone knows it's a bad idea (going in blind to something or ignoring red flags).

🙈 **(See-No-Evil Monkey)** = Being shy.

💧 **(Sparkles)** = Used to lighten the mood (ex: "Just spilled my coffee all over my white pants 💧").

🧎 **(Woman Kneeling)** = Pleading. A way of asking someone for something desperately.

Other center needs currently include the following:

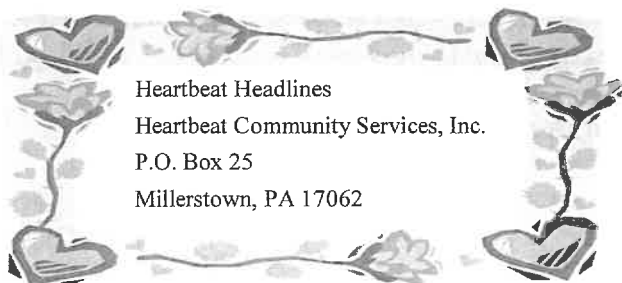


Maternity clothing
Wash Cloths & Bath Towels
Giant or Weis gift cards

Baby Wipes & Baby Formula
Children's Bibles
Bible Story Books or DVD's



Thank you for your generosity. May God bless you, as you have blessed us!

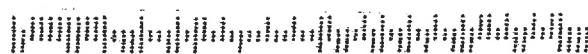


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AUGUST
2026



Heartbeat Community Services
Greenwood Medical Center
P.O. Box 25, Millerstown, PA 17062

www.heartbeatcs.org
Phone: 717.589.7208

THANK YOU

As summer comes to a close we anticipate a new season with new routines, fresh opportunities and we would like to pause and thank God for you. Your faithful support is making an eternal difference in the lives of women, babies, and families who come to us seeking hope.

Because of your generosity, women facing unexpected pregnancies receive compassionate care, practical resources, and the opportunity to encounter our Heavenly Father. Your partnership helps advance the mission of Heartbeat and the life-affirming work we do.

Your donation allows us to be ready whenever someone reaches out for help. It is a blessing to know we can depend on faithful partners like you to sustain this ministry month after month. "Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up." (Galatians 6:9)

Thank you for standing with us as we continue to share Christ's love and protect the precious gift of life. We are praying that God will richly bless you for your kindness and generosity, and that He will continue to use this ministry to bring hope, healing, and new beginnings to every family we serve.

Thank you for being an essential part of this mission! Together we are making a lasting impact for the lives to come.

Sincerely,
Susan Spriggle



Be sure to cut this out and join us at Harshbarger's. It's always a delicious way to help out!



JOIN US ON

facebook

FABULOUS
Fund-raiser Tuesdays
Heartbeat
Organization
Oct. 13, 2026
Date
Thank you!

Harshbarger's SUB 'N MALT

TWO LOCATIONS | Route 22, McVeytown Port Royal Exit, Swamp Road
717-899-7751 717-436-5386